# WOMAN'S VARIED INTERESTS



# Assistant Secretary of Agriculture Gives Advice on Mixing Flours is false. Every child is a trinity—seven. These people are all excep-

Mr. Vrooman Says That the American Housewife Could Materially Reduce Her Food Bills by Mixing Flours, and Tells How To Do It.

making brend," he said in a statement issued here to-day. "Many of these are more nutritious than wheat flour; some of them are cheaper than wheat four, and of these, two or three, at least, are commercially obtainable al- Anti-Militarism Not Encourmost anywhere.

"Petatoes, corn flour, and rice (in certain sections) can be used with profit in mixture with wheat flour in making yeast bread. With wheat flour as dear as it is now, the careful house- By SIDONIE MATZNER GRUENBERG.

### Boiled Rice or Mashed Potatoes.

quite well. If the dry petato meal or flake is used, the ratio should be one part of potato to three parts of flour. Boiled rice can be used in much the same way as mashed potatoes, care being taken to allow the water in the rice and to use about three times as much in bulk as would be used of the

"In making potato bread the sponge should be used, and just enough water o serve to mix the yeast with the potate, since the sponge becomes very since the sponge becomes very soft after partial fermentation. The remainder of the flour is worked in afterward, care being taken to make an extra stiff dough, which should be raised till quite light. This bread is more nioist than bread made solely of wheat flour, "Corn flour, which should cost about two-thirds the price of wheat flour, may be mixed with wheat flour directione part of corn flour to three parts."

Never Treated Child Like a Baby.

healthy woman, abounding in energy, they are trained correctly they may all in ideas and in a quick grasp of situa- he prodigies, in the present sense of tions and issues, which gave her the the word. That will give us our higher and orator. courage and ingenuity to learn from race. the cat and its kitten and to carry "Just think of the infant prodigies over the advantages of the Indian that history mentions. Julius Casar, method of education into our methods, who was startling at the age of three. which she believes are found and Also Confucius-and children who acdistorted by superstition and restrict- complished wonders at four years are prodigies, who recites Cicero's orations ed by mandates of unknowing physi- numerous. Milton wrote Latin verse,

A SIMPLE SCHOOL SUIT "Natural Education" Replacing Years of U.S. WOMEN TOIL "Imbecile Boredom," Under Present Regime May Make Prodigies of All Children. Mrs. Stoner Believes.

Every Child Is a Trinity-Mental, Physical, Moral - Says Educator Who Chanted Virgil to Restless Baby and Who Is Educating Children to Become Supernormal.

By DORIS E. FLEISCHMAN.

cile boredom. For six or seven years less and can do less than this girl can the child is told. 'Thou shalt not do," acquired rudiments of her remarklearn.' At the end of that time he is able education in the languages. sent to school and forced. The child is a thinking animal who should be is a thinking animal way of its life, trained from the first day of its life, which method usually sends the child

who is responsible for the education of prestration, I chanted Virgil, scanning prodigies. She is the mother of a the first book of the Iliad over and child who, at the age of twelve, is the over again, author of ten published books in rhyme and prose, is a teacher, plays her, and in this way she was able to five or six musical instruments, and scan Virgil before she was one year withal is a big, strapping girl, uncon- old. Virgil is the best and most harmscious of her envied achievements and less soothing ryrup I know. And in scious of her envied achievements and desirous of becoming an editor of a addition to acquainting her with this magazine and a cowboy when she language, upon which most of the

baby," explained the mother, Mrs. Win- she knew by heart, and understood, the ifred Sackville Stoner. "I have always first book of Virgil." talked to her as if she could understand me, from the time that she was a day old. I have never talked baby talk, and I have always borne in mind its talent. Find the talent in your the fact that she is a human being child and cultivate it." Her system is who would have to live in the world, one which aims at the development of and that since learning is far easier the supernormal. "We have schools for In the circle is Mrs. Winifred and pleasanter than not learning she might better start in at once to learn." the abnormal, and schools for the aver- Sackville Stoner and above, her

should be neglected.

Stimulating Child Not Harmful.

most important, but that is no reason age of twelve. for refusing to the child the other es- All Memorizing Before Twelve Years people can fancy. sentials. To stimulate a child's mind

Mrs. Stoner then told of the manner 66 THE crime of modernity is that in which Winifred, jr., of whom Dr. belief which forcibly detains M. V. O'Shea, famous educator, said, the child in a state of imbe- "The typical college graduate knows

Used Virgil as Soothing Syrup.

This is the basic belief of a woman to sleep in a mild stage of nervous

### No Child Is Merely Average.

might better start in at once to learn.

Mrs. Stoner is a large, exuberantly

mal. No child is an average child. If and the latter's puril. Bully

"It is true that the physical is the as William James says, lasts up to the in Berlin.

and the latter's pupil, Billy Walsh, four years old, poet

would be in the mythology connected occupy its attention until the next

ing of Winifred, Jr., most modest of to interested guests merely because it is polite, and with no least desire to far too old, and suddenly, without an few weeks old. When she was six weeks old she was raised by her hands, hanging to a stick.

## Director of Twenty-five Schools.

in Brussels, Paris, Rome, London and teaches the children how to play, and

# "The public school systems are al

wrong. They get the child when it "show off," began when she was but a previous raining on the part of the child, attempt to force knowledge into its mind and demand attention to sublects which are not interesting to it. the fault not of the child, but of the schools, which teach him not what he wants, but only what he does not want. Everything may be presented at some time in a pleasant light to the child, and everything which can be of any Woman's Pluck Related by along," Mrs. Calvin Tomkins said when possible service to him at any time should be taught him."

But it is the education of the parents, That the American housewife is herself quite capable of doing althe flour mixing desirable is the option of Assistant is not all future learning should be to option of Assistant is not all future learning about for all future

> Impersonating Pirates and Robbers Not Necessa-

trenuous but futile efforts to get into the West Point Military Academy, and the minister actually joined the army. All three are now spending a consider-



# FOR BELGIAN AID

Use Many Devices to Swell Fund Now Close to \$1,000,000. Women in more than seventy-five cities and town throughout the country

ing schemes for aiding the Belgians, according to the report of the Commission for Relief in Belgium made yes-Scores of devices are used, ranging from a house-to-house canvass in Bir-

are showing their ingenuity by devis-

mingham, Ala., to Chicago's plan of persuading the telephone and lighting companies to contribute more than \$22,-000. Mass meetings, concerts and entertainments in profusion have done their part, and in Chattanooga, Tenn., the women enlisted the aid of the Boy Scouts, who sold Belgian flags on the principal streets

Toy banks in Pasadena, Cal.; a sale of Belgian lace at Stamford, Conn., and a penny contribution meeting at Wainut Creek, Cal., have been other features arranged by the women. A dispatch to the commission yester-

day from New Orleans stated that the steamship Glenshiel, loaded with foodstuffs and clothing, which went aground at the mouth of the Mississippi on Sunday, will soon be off. The cargo is valued at \$553,224. Contributions to the Belgian Relief

Fund received yesterday amounted to \$1,347.16, bringing the grand total up to \$999,360.24. J. P. storgan & Co. announced the receipt of \$1,002 more for the American Ambulance Hospital in Paris, making that total \$382,938.02.

at the beginning of the war, announces that it has 773 unemployed men and women clerks and stenographers still on its list. The committee urges quick action, as it expects to disband in thirty days. The British American War Relief

Fund for British soldiers and sailors, p. of 200 Fifth Avenue, shipped 9,404 articles last Saturday. All money contributions to this fund are spent in America fo tobacco, bandages, socks, vaselene and other supplies.

by the General Relief Committee, of hich Henry Sienkiewicz is prelident and Ignace Paderewski is vice-president. J. F. Smulski, 1201 Milwaukee Veteran Leader Plans New venue, Chicago, is the treasurer in Members of the junior committee of

arrange for "The Children's Revoluthough nearly sixty years old and Theatre. This second performance is "hike" to Buffalo. She said yesterday given to start the new fund for com- that if she continues to feel as well as fort kits for convalescent French sol- she does now, after six weeks' rest

## NEEDS HELP TO HELP SELF

Charity Organization. she heard of the plan.

the hospital with tuberculosis his wife of a nervous breakdown when she left

two days being spent at home doing the family washing and keeping the children's clothes mended. To continue the plan which the society has started \$8.50 a month is needed for rent, and the society would be glad to have contributions toward the \$102 needed for the company year.

society, at 105 East Twenty-seco Street, and will be acknowledged.

All three are now spending a considerable portion of their time combating militarism. And thousands of similar cases can no doubt be found in all parts of our population.

When there is so much constructive work that may be done in the developing of the child's character, the worry about playing soldier seems a pitiful waste of energy. It is a pity to snatch from Bobby his tin soldiers, or to look

The report of the transfer tax appraiser, filed in the Surrogates' Court ton Forde, granddaughter of the late state of her mother. Mrs. Helen Hillon Forde, granddaughter of the late state of her mother. Mrs. Forde, now the wife of Stanley H. Forde, an actor, was formerly Mrs. Allan Lawrence Story, daughter-in-law to Mrs. William Cumming Story, a prominent member of the names on our referendum communities.

The women's Political Union is planning a strenuous campaign for the next seven months.

"It isn't all work that makes for publicity, but it counts." Mrs. Blatch said.

For example, we have formed a big referendum committee, composed of leaders in various men's organizations, political parties, etc. These leaders will do what they can't say much about this. At midnight on election day I will give out the names on our referendum committee.

Story, daughter-in-law to Mrs. William Cumming Story, a prominent member to work and vote for us.

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Cumming Story, a prominent member to work and vote for us. But we can't say much about this. At midnight on election day I will give out the names on our referendum committee.

Story, daughter-in-law t. Mrs. William Cumming Story, a prominent member of the D. A. R. The rest of the estate of Mrs. Hilton went to two sons.

Some of the pieces of jewelry owned by Mrs. Hilton were: A diamond necklace, containing fifty-two diamonds, valued at \$12,000; three pearl rings, \$4,500; pair of pin. pearl earrings, \$4,500; pair of pin. pearl earrings, \$3,000; cabochon emerald and diamond ring, \$1,500, and emerald and diamond buckle, \$3,000.



"Ladd" Mixer Here is a mixer for Eggs, Cream, Mayonnaise—or anything that needs to be beaten, churned or mixed—that cannot be excelled for all around utility.

EWIS& CONGER

The Wall Street Relief Committee, HORLICK'S The Original MALTED MILK Unless you say "HORLIOK'S" you may get a Substitute.

aselene and other supplies.

Poland's appeal has been set forth BY MRS. BLATCH, 59

Demonstration in Suffrage Cause.

LaFayette Fund met yesterday Mrs. Harriot Stanton Blatch, presiternoon at the Vanderbilt Hotel to dent of the Women's Political Union, on," to be given April 8 at the Park grown gray in the suffrage cause, may from suffrage work, she will undertake a walk to the other end of the state,

campalgning along the way. "If Mrs. Blatch goes we'll all go

When Mr. P. was forced to go to Mrs. Blatch, who was on the brink

convert the voters of this state in the he coming year.

Gifts may be sent to the office of the from our state work to boom the federal amendment."

We see than silly to deflect one inch from our state work to boom the federal amendment."

ESTATE MOSTLY JEWELRY

Mrs. H. K. Hilton Left \$34,217 in Gems, \$663 in Cash.

With the exception of bank deposits amounting to \$663 and personal be
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# Women who manage their affairs—

William P. Bonbright & Co 14 Wall Street, New York

Announce the establishment of a Woman's Department in charge of Miss Alice Carpenter.

Correspondence solicited from women interested in securing safe investments.

others are founded, it trained her sense of rhythm. That is why she wrote jingles almost as soon as she could "I have never treated her like a talk. When she was five years of age

Mrs. Stoner says: "Every child has

and Pope Greek stanzas. John Stuart "It has generally been considered Mill tells us how his father set him to dangerous for a child to learn. It has tasks requiring prodigious concentrabeen thought that to use its mind tion and critical judgment at the age would upset the child's nervous sys- of five and six. Emanuel Kant had a tem and impair its physical being. This large class of pupils at the age of have merely taken advantage of the sponge-like quality of the mind, which,

## Mrs. Stoner is the director of twentyfive schools in America, and one each And in all of these she teaches them more easily than most

# Shall You Let Your Children "Play Soldier"?

rily Harmful.



his devices and resources, the father of the Buddha failed in hi. efforts to keep from the child all knowledge of suffering and death. Nor can we hope to keep our children long in ignorance of suffering and death, of war and murkage from four to three parts of wheat flour. The part of corn flour to three parts of wheat flour. Use the mixture just as though it were wheat flour, and mix tyourself.

""" I should be remembered that the addition of starchy materials.

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## aged by Forbidding Military Toys.

wife stands to effect quite a saving by TN times of pence many of us can using one of these products to eke I visualize the horrors of war clearly enough to make us oppose everyout her wheat flour. Experiments have shown that the substitutes can be used thing that encourages militarism. But successfully in the proportion of one with half of the civilized world bleed-ing, the horrors are before the minds cast three-fourths of the mixture must of all of us constantly, and we are moved to do something more effective than shutting our eyes. We realize the importance of inculcating in the young



Flain mashed potatoes, four parts of mashed potatoes, four parts of mashed potatoes to three parts of wheat flour, will serve the purpose the fluid flour.

There is, of course, no use in over
There is, of course, no use in over-

wise to forbid to boys the playing of soldier.

When boys play soldier it is in response to two facts which cannot be entirely removed. The child, at a certain age, will not only imitate what he sees going on around him, but he will dramatize all the activities of which he doubtful whether it would be worth.

Children Impersonate Without Prejudice.

But even if we could prevent the children's participation in these mimic paradings and warrings, it is very doubtful whether it would be worth.

The question of the meral effect of impersonating the soldier is very much dramatize all the activities of which he learns. This instinct is there if the doubtful whether it would be worth doubtful whether it would be worth while to do so. The injury that may learns. This instinct is there if the child is normal, and any outside regulation, to be effective, m. consist not of rules regarding what may or what may not be played, but it must take the form of selecting all the ideas that are to enter the child's mind. This is obviously an impossible task. With all like devices and resources, the father of Captain Cook with equal sincerity and

"Potatoes have a certain advantage a type of patriotism that is free from stimulating children in these plays, imitate and to dramatize. Neither will cis gave when his prim Aunt Sabrina in this regard, since potato bread can be made without going to the trouble of our patriotism, we turn our attenof getting the commercial potato meal- tion to a crusade against "military" tary campaigns or in making the chil- On the contrary, forbidding is one of "Whatever are you doing in this state,